

# Harper's BAZAAR

**10**  
**WAYS TO GET  
MORE  
ENERGY**

**AGE-  
PROOF  
YOUR SKIN**

**GET  
YOUNGER  
LOOKING  
LEGS**

**THE  
BEAUTY  
ISSUE**

**NEW HAIR & MAKEUP  
MUST-HAVES**

**DEMI  
LOVATO  
ON LOVE,  
ADDICTION &  
SURVIVAL**

**SUMMER'S  
HOTTEST  
FASHION**





# LOOK BETTER AT THE BEACH

*The quick, the easy, and the innovative—  
expert advice to help you feel your best come  
summer.*

*By Megan Deem  
Photograph by Victor Demarchelier*

FASHION EDITOR: Miguel Enamorado



## **FLATTEN AND FIRM**

We've seen fat-blasting machines and muscle-stimulating ones. Now comes InMode Evolve, which painlessly blends radio frequency and suction treatments into one FDA-cleared device. "We vacuum in the fat, then a series of high-voltage waves go through it, puncturing holes in the fat membrane," says Erez Dayan, M.D., a plastic surgeon in Lake Tahoe, Nevada. "This causes cell death, and the fat is excreted by the body." He advises having three sessions 14 days apart (packages start at \$1,500).